

# Drayton & Farlington Children's Centre

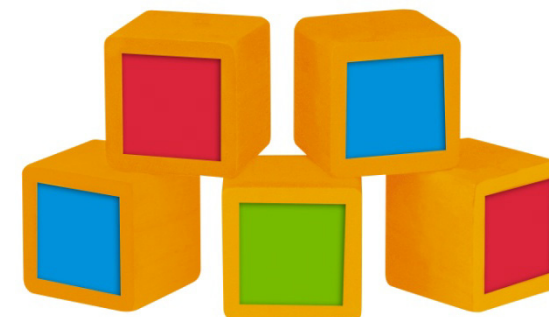
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**Because children don't come with a manual**

# Sure Start Children's Centres

Portsmouth



## What's on? 6<sup>th</sup> June 2011 – 18<sup>th</sup> July 2011

For parents-to-be and families with under 5s in Portsmouth

Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
<p><b>Child Health Clinic</b> 9.30am – 11.30am Run by Health Visitor</p> <p><b>Midwife Clinic</b> 9.30am-11.30am <b>Appointment only</b></p> <p><b>Breast Feeding Support Group</b> 1.00pm – 2.30pm Help &amp; advice on breast feeding</p>	<p><b>Time for You</b> 10.00am – 11.30am A group especially for mums <b>Invitation Only</b></p>	<p><b>Parent Volunteer Support Group</b> 9.30am – 11.00am A group for volunteers to share good practice and receive support</p> <p><b>NCMA Group</b> 1pm - 2.30pm Childminding group Please attend for fun session, guidance and support</p>	<p><b>Baby Fun Time</b> 10.00am – 11.30am A group for parents &amp; babies 0- 12 months to share ideas and support <b>Little Steps Baby Gym</b> Attending 30/6/11-21/7/11 <b>Please Book</b></p> <p><b>Story &amp; Song Time</b> 1.00pm – 2.00pm Come along for a story and sing your favourite rhymes 2 years+ <b>Please Book</b></p>	<p><b>Midwife Clinic</b> 9.30am-11.30am <b>Appointment only</b></p> <p><b>Moving, Making, Baking</b> 10am – 11.30am A physical play session for parents and children 2 – 5 years followed by a healthy cooking session delivered by HIDS <b>Places limited please book</b></p>	<p><b>Dads Group</b> 10.00am- 12.00pm</p> <p>@</p> <p>Paulsgrove Children's Centre Cheltenham Road Paulsgrove PO6 3PL</p> <p>Alternate Saturdays</p>

For more information or to make a booking if required please contact

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